



# Your guide to acromegaly control that keeps you in the moment

Patricia, writer,  
living with acromegaly.

## What is PALSONIFY?

- PALSONIFY is a prescription medicine used to treat adults with acromegaly for whom surgery was not effective or surgery is not an option
- It is not known if PALSONIFY is safe and effective in children

Once-Daily Oral  
 **Palsonify**<sup>™</sup>  
(paltusotine) tablets

## IMPORTANT SAFETY INFORMATION

The most common side effects of PALSONIFY include diarrhea, pain in your stomach (abdominal) area, nausea and vomiting, decreased appetite, slow heart rate (bradycardia), high blood sugar levels (hyperglycemia), and irregular heartbeat (palpitations).

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).

# How do I take PALSONIFY?



PALSONIFY is just  
**2 pills** taken together  
once a day



## Remember to take PALSONIFY:



Once daily  
with water



Around the same  
time every day  
(in the morning,  
for example)



On an empty stomach  
(at least 6 hours after your last  
meal and 1 hour before your  
next meal)

## IMPORTANT SAFETY INFORMATION (cont'd)

### What should I tell my healthcare provider before taking PALSONIFY?

Before taking PALSONIFY, tell your healthcare provider about all your medical conditions, including if you:

- have gallbladder problems
- have blood sugar control problems (low blood sugar or high blood sugar)
- have problems with low heart rate
- are pregnant or plan to become pregnant. It is not known if PALSONIFY will harm your unborn baby.

# Start PALSONIFY with support



CrinetiCARE provides **personalized support** to help you navigate your treatment journey with PALSONIFY—so you never have to feel alone.

Whether you have questions about **insurance coverage**, need help finding a **healthcare provider**, or want to connect with **nurse educators**, CrinetiCARE is here to help.

Visit [CrinetiCARE.com](https://www.crineticare.com)  
for more information



## IMPORTANT SAFETY INFORMATION (cont'd)

### What should I tell my healthcare provider before taking PALSONIFY? (cont'd)

- are breastfeeding or plan to breastfeed. It is not known if PALSONIFY passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you take PALSONIFY.

Please see **Important Safety Information** throughout and **Full Prescribing Information**, including **Patient Information**.

# What should I expect with PALSONIFY?

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Megan, fitness enthusiast,  
living with acromegaly.



## If you are switching from injections

PALSONIFY helped people maintain normal IGF-1 levels and reduced the severity of symptoms without interruption\*

In a clinical study, most side effects were mild to moderate, stomach related, and similar to those seen with other acromegaly treatments. Most stomach-related side effects resolved within 1 to 3 weeks.†

### Here's what some people experienced:

- Diarrhea (23%)
- Nausea (13%)
- Loss of appetite (10%)
- Fluttering or racing heartbeat (palpitations) (7%)
- Stomach bug-like symptoms (gastroenteritis) (7%)

**Stomach-related side effects, like diarrhea and nausea, resolved without stopping PALSONIFY.**

\*In a 36-week study of 58 people switching from injections, 83% of those taking PALSONIFY maintained normal IGF-1 levels compared with 4% taking placebo. People taking PALSONIFY also experienced a reduction in the severity of acromegaly symptoms.

†PALSONIFY was evaluated in 2 clinical trials. Results are from study 2, which followed 58 people switching from injections.

IGF-1=insulin-like growth factor 1.

### IMPORTANT SAFETY INFORMATION (cont'd)

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. PALSONIFY may affect the way other medicines work, and other medicines may affect how PALSONIFY works.

**Especially tell your healthcare provider** if you take any medicines that can slow the heart rate.



## If you are new to treatment

PALSONIFY helped reduce IGF-1 levels in as little as 2 to 4 weeks and reduced the severity of common acromegaly symptoms‡

In a clinical study, PALSONIFY side effects generally didn't require stopping treatment and were mild to moderate. Most side effects were stomach related and resolved within 1 to 3 weeks.§

### Here's what some people experienced:

- Diarrhea (33%)
- Stomach pain or discomfort (19%)
- Nausea (9%)
- Slow heart rate (sinus bradycardia) (7%)
- High blood sugar (7%)

**Stomach-related side effects, like diarrhea and nausea, generally resolved without stopping PALSONIFY.**

‡In a 24-week study of 111 people with acromegaly who were new to medication or restarting after a break, 56% of those taking PALSONIFY reached normal IGF-1 levels compared with 5% taking placebo. The majority of people who achieved IGF-1 normalization did so within the first 2 to 4 weeks. People taking PALSONIFY also experienced a reduction in the severity of acromegaly symptoms.

§PALSONIFY was evaluated in 2 clinical trials. Results are from study 1, which followed 111 people new to or restarting medication.

### IMPORTANT SAFETY INFORMATION (cont'd)

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

**Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).**

# Indication and Important Safety Information



## What is PALSONIFY?

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## IMPORTANT SAFETY INFORMATION

### What should I tell my healthcare provider before taking PALSONIFY?

Before taking PALSONIFY, tell your healthcare provider about all your medical conditions, including if you:

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- have blood sugar control problems (low blood sugar or high blood sugar)
- have problems with low heart rate
- are pregnant or plan to become pregnant. It is not known if PALSONIFY will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if PALSONIFY passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you take PALSONIFY.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. PALSONIFY may affect the way other medicines work, and other medicines may affect how PALSONIFY works.

**Especially tell your healthcare provider** if you take any medicines that can slow the heart rate.

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

### What are the possible side effects of PALSONIFY?

**PALSONIFY may cause serious side effects including:**

- **Gallbladder problems:** PALSONIFY may cause problems with the gallbladder. Tell your healthcare provider if you have sudden pain in the upper right area of your stomach (abdomen), sudden pain in your right shoulder or between your shoulder blades, yellowing of your skin or the whites of your eyes, or pale stools.

- **Blood sugar problems:** PALSONIFY may change hormone levels, potentially causing either high blood sugar (hyperglycemia), including diabetes, or low blood sugar (hypoglycemia). Tell your healthcare provider if you have problems with high or low blood sugar. Your healthcare provider will check your blood sugar when you start taking PALSONIFY or when your dose is changed.
- **Heart rate problems:** Tell your healthcare provider if your heart is not beating normally.
- **Thyroid problems:** PALSONIFY may keep your thyroid from releasing thyroid hormones, leading to hypothyroidism. Your thyroid function may be checked periodically during your treatment with PALSONIFY.
- **Fatty stools:** PALSONIFY may cause your body to have problems with absorbing dietary fats. Tell your healthcare provider if you have any new or worsening symptoms, including fatty stools, changes in the color of your stools, loose stools, stomach (abdominal) bloating, or weight loss.
- **Low vitamin B<sub>12</sub> levels in your blood:** Your healthcare provider may check your vitamin B<sub>12</sub> levels during treatment with PALSONIFY.

The most common side effects of PALSONIFY include diarrhea, pain in your stomach (abdominal) area, nausea and vomiting, decreased appetite, slow heart rate (bradycardia), high blood sugar levels (hyperglycemia), and irregular heartbeat (palpitations).

These are not all the possible side effects of PALSONIFY. For more information, ask your healthcare provider or pharmacist.

You are encouraged to report negative side effects to Crinetics Pharmaceuticals at 1-833-CRN-INFO (1-833-276-4636) or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

Please see [Full Prescribing Information](#), including [Patient Information](#), and talk to your doctor.

# We care about your journey

As you get going, consider tracking your progress to help you stay on top of your treatment. And remember that we're here for you every step of the way.

Discover resources and support at [palsonify.com](https://palsonify.com)

David, musician, living with acromegaly.

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